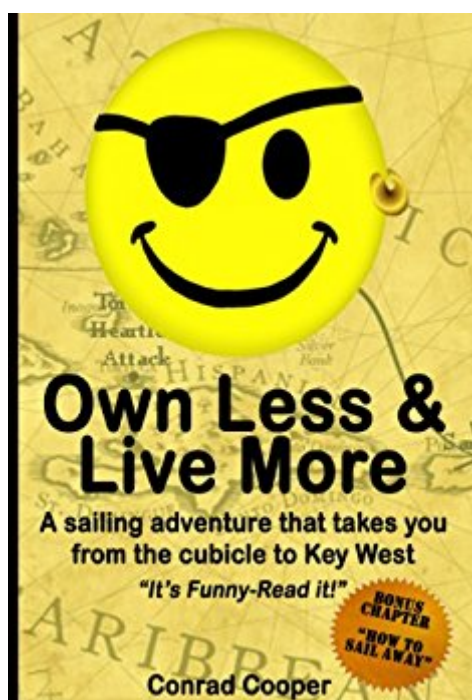


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# Own Less & Live More: A Sailing Adventure That Takes You From The Cubicle To Key West



## Synopsis

Conrad, like most Americans, felt imprisoned to a soulless corporation. Dreams of escaping the 9-5 and permanently walking away from cubicle row dominated his thoughts. But that was just daydreaming. Mortgage payments, car notes and credit card debt were just a few of the shackles that kept him bound to an existence that he didn't want. He and his wife started working on a revolutionary concept. They started actively designing a life they would like to live instead of living a life that was arbitrarily unfolding before them. They finalized their escape plan and with fear and trepidation of an unknown future, they began a new life. If you have every thought about quitting your job, selling all of your stuff and sailing away, this book is for you. Conrad does an excellent job of telling their story in a "laugh out loud" manner that will take you from his last days as an employee at a refinery to their garage sale where they eliminated most of their possessions to loading up their boat and sailing away. This book is certainly not for everyone. If you can't fathom the humor in a story about unpleasant medical visits then you should look elsewhere. If you are a sailing purist and want to hear stories about giant waves and near death experiences, there is nothing like that in this book. If you would like to read a funny book that will have you laughing out loud about a family's pursuit of escaping the 9 to 5 and living a life of travel and adventure, then you will certainly enjoy this story.

## Book Information

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## Customer Reviews

Really enjoyed the thought provoking process of getting from idea of the lifestyle change, through to reading about the sailing trip. Some of the budgeting parts were very interesting, and the thought of cutting back on possessions is something we could all benefit from! It was a good hybrid story of how to do something, and a real life story about putting it in practice with some of the good and bad that unexpectedly happened. Could have had a bit more personal details about income and how the family felt about things along the way, but not everyone wants to have all their personal details in their book, and I do understand that. It was an easy to read story and I thoroughly enjoyed it.

What a fun and inspirational read! Excellent to say the least. Great advice on how to free oneself from the chains of a mundane job in order experience the adventures of life on one's own terms, in this case through the sailing/cruising. Told through the construct of a family's own story doing just that....downsizing, cutting the strings of job, and cruising the coast of Florida in their new home (a sail boat). Great mix of humor, story telling and very practical advice on how to make it happen. Thanks Conrad you've inspired another to set sail!

Quick easy read. Worth reading for a little extra inspiration. It's good to know other people have left the "real world" and succeeded. I have always been confused by the way most people live and what is considered normal, yet it is surprisingly difficult to break the cycle and get away. My wife and I are currently in the process of minimizing our life and have already cancelled our Internet and tv at home and have a tv and computers only at work now. It's not as hard as it seems. The hardest part is making the commitment and getting started while ignoring your friends and family's opinions. We bought a fixer upper sailboat last October and are in the process of restoring her. We are planning our first outing this December. Thanks for the fun read!

A quick read with lots of info. I agree totally on how the author feels about the workplace and I give him a high five to having enough guts and motivation to enjoy his life while he's still young enough to enjoy it. I know where that place is that asks you to name a song when you order, that's one of the best places in the Keys! Sometimes they ask for a movie or a city! I'd recommend this to anyone who needs some motivation to put a plan into place to break away from aging in a cubicle, and

enjoy living!

Fairly brief, but inspiring if you're considering downsizing, and I agree with the overall idea, We've done it ourselves. The book is not about really taking off cruising the deep (they stay in marinas and close to shore for 8 months) but worth a read if you're looking for something quick! One quirk - the author seems to make sure and point out if a character is chubby or overweight - not in a character development kind of way, just in general. Weird.

Very short book on their sailing adventure. Not horrible, but no useful information either.

A wonderful fast read that is both informative and humorous. A perfect summer book to read in an afternoon at the beach and dream of following one's own dreams.

Other than a few typos, this book is very entertaining. My husband and I plan to become liveaboards in a year or two and I found Mr. Coopers planning, trials and tribulations to be both informative and funny. It's fun to observe his entering the boating community. A good light read.

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